

Use these key terms to help find a specialist. If you do not see your area of care on this list, please call Customer Service for help finding a provider: 1-800-440-1561 TTY 711, Monday-Friday, 8am-5pm.

Acupuncture: Traditional East Asian technique to manage pain.

Search: ACUPUNCTURE

Allergies: Exposure to things that aren't harmful causes physical reactions, like rashes or trouble breathing.

Search: ALLERGY

Ankles and Feet: Issues like foot pain, sprained ankle, warts, or bunions.

Search: PODIATRY, ORTHOTICS, ORTHOPEDIC

Arthritis: Joint pain and stiffness caused by inflammation.

Search: RHEUMATOLOGY

Blood Disorders: Issues like anemia, sickle cell disease, blood cancers.

Search: **HEMATOLOGY**

Brain, Spine and Nerves: Issues such as concussion, migraines, epilepsy, MS, brain trauma, stroke.

Search: **NEUROLOGY**

Cancer: Abnormal cells reproduce and destroy body tissue.

Search: ONCOLOGY, RADIATION

Development and Recovery: Works with patients to allow them to participate in daily life.

Search: OCCUPATIONAL THERAPY, PHYSICAL THERAPY, PHYSICAL REHABILITATION, PHYSICAL MEDICINE,

SPORTS MEDICINE, SPEECH PATHOLOGY

Diabetes: Too much sugar in the blood.

Search: DIABETES, ENDOCRINOLOGY, DIETICIAN

Ears, Nose, and Throat: Issues such as tonsillitis, swimmer's ear, sinus problems.

Search: EAR, NOSE & THROAT

Elder Care: Older people have unique needs to treat disease and disability.

Search: GERIATRIC MEDICINE, SKILLED NURSING FACILITY

End of Life: Providing care and comfort at end of life.

Search: HOSPICE, PSYCHIATRY, GERIATRIC

Eye/Vision: Problems seeing, glaucoma, regular eye exams, prescription for glasses/contacts.

Search: **OPTOMETRY**

Hearing: Issues such as hearing loss, hearing aids.

Search: AUDIOLOGY, SPEECH/HEARING

Heart: Issues such as heart disease, narrowing or clogged arteries, abnormal heartbeat.

Search: CARDIOLOGY, CARDIAC, CARDIOVASCULAR



Holistic: Attempts to treat the body as a whole system.

Search: OSTEOPATH, NATUROPATH

Hormones + Development: Issues like gland problems, PMS, menopause.

Search: ENDOCRINOLOGY, GYNECOLOGY

Kidneys: Services related to dialysis, kidney stones, kidney disease.

Search: NEPHROLOGY, KIDNEY TRANSPLANT, DIALYSIS

Lungs and Breathing: Issues like asthma, COPD, cystic fibrosis.

Search: PULMONARY, PULMONOLOGY

Nutrition and Weight Loss: Services related to healthy diet, weight management, and weight loss surgery.

Search: DIETICIAN, BARIATIC, DIATITIAN, NUTRITIONIST

Pregnancy and Birth: Services related to advice on genetic disorders, care during pregnancy, complications

from pregnancy, delivering babies.

Search: BIRTHING CENTER, MATERNAL, MIDWIFE, OBSTETRICS, REPRODUCTIVE ENDOCRINOLOGY,

GENETIC COUNSELING

Skin: Issues such as acne, rashes, eczema, skin infection.

Search: **DERMATOLOGY**

Sleep: Issues like snoring, feeling tired, trouble sleeping.

Search: SLEEP MEDICINE, SLEEP DISORDER

Stomach and Digestion: Issues such as IBS, indigestion, constipation, gallstones, peptic ulcers.

Search: GASTROENTEROLOGY

Women's Health: Services for pelvic exams, sexually transmitted infections, breast exams, menstruation.

Search: GYNECOLOGY, PELVIC MEDICINE, MAMMOGRAPHY, ENDOCRINOLOGY